

KICKOFF

RETURN

2004

UNIVERSITY OF

OREGON

KICK OFF RETURN CLINIC

1. PHILOSOPHY OF KICKOFF RETURN

OUT HUSTLE

OUT HIT

BE MENTALLY TOUGH

FIELD POSITION

+

MOMENTUM

=

POINTS

THE IMPORTANCE OF FIELD POSITION IN THE KICKING GAME

1 out of 30	GL-20
1 out of 8	20-40
1 out of 5	40-50
1 out of 3	50-40
1 out of 2	40-20
2 out of 3	20-10

Kickoff Return Team	
Score	6
Big Hit	4
2 Blocks on 1 Play	4
Key Block on Long Return	4
Kickoff Return of 35+ Yards	4
Great Effort / Big Play	4
Execute a Key Block	3
Kickoff Return Avg of 30+ Yards Per Game	3
Break Tackle / Make 'em Miss	2
Execute a Good Block	2
Field Kick Properly	1
5 Yard Penalty	-2
10 Yard Penalty	-4
LOAF	-4
Missed Assignment	-4
Lost Fumble	-6
15 Yard Penalty	-6
Performance	0-2
TOTAL	

Name	Miss St	Nevada	Arizona	Mich	Wash St	Utah	Ariz St	Stanford	Wash	Cal	UCLA	Ore St	Total	Rank
Siegel	29	24	45	14	15	36	17	23	20	23	23	27	296	1
Lewis	17	38	27	39	40	18	14	5	23	14	24	17	276	2
Matson	18	34	13	19	37	19	40	12	19	10	10	40	271	3
Washington	20	17	31	13	29	20	15	9	17	30	40	29	270	4
Phinisee	34	15	13	26	49	6	16	7	23	29	30	18	266	5
Mitchell	27	31	8	18	29	22	14	9	19	15	19	13	224	6
Moore, S.	37	32	25	40	34	27	21	3	0	0	0	4	223	7
Tucker	37	24	26	16	23	4	14	20	14	11	15	14	218	8
Rosario	10	16	17	12	25	21	16	8	17	27	27	16	212	9
Nelson	9	20	48	16	12	13	19	11	9	15	10	18	200	10
Loftin	14	26	13	21	26	19	10	12	11	17	12	16	197	11
Trucks	37	44	22	27	28	17	14	0	0	0	0	0	189	12
Fife	20	14	20	17	10	15	6	16	8	12	26	18	182	13
Floberg	9	23	6	0	13	3	21	15	26	24	10	27	177	14
Day	12	27	12	11	15	1	16	13	14	17	19	7	164	15
Weaver	19	14	18	18	8	10	10	16	8	12	14	17	164	15
Olshansky	10	7	2	20	18	17	14	7	17	14	12	17	155	16
Taylor	23	25	16	44	19	11	8	6	0	0	0	0	152	17
Martin	0	0	2	4	18	6	40	12	18	10	24	17	151	18
Andrews	13	18	0	6	2	0	0	25	18	17	24	26	149	19
Cheney	16	21	18	24	24	0	4	2	10	12	4	9	144	20
Clayton	26	38	34	20	21	0	0	0	0	0	0	0	139	21
Rowley	18	31	36	26	11	5	9	0	0	0	0	0	136	22
Martinez	2	29	9	10	12	15	13	12	5	4	13	8	132	23
Shaw	-1	18	23	19	11	5	15	4	2	3	14	16	129	24
Binns	9	9	20	9	3	0	8	14	8	7	19	7	113	25
Long	9	13	4	8	21	12	20	0	6	2	6	5	106	26
Snyder	11	10	13	14	3	5	6	11	4	6	10	13	106	26
Steitz	13	8	10	12	3	2	9	11	5	8	9	13	103	27
Kause	0	0	0	0	9	6	11	7	16	12	20	10	91	28
Knebel	14	8	9	10	4	5	6	0	0	7	9	14	86	29
Carey	0	0	0	21	14	11	14	10	15	0	0	0	85	30
Gipson	8	0	3	0	0	10	3	21	3	5	22	10	85	30
Woods	0	23	7	12	3	16	12	4	2	0	0	0	79	31
LiaBraaten	13	31	11	23	0	0	0	0	0	0	0	0	78	32
Reed	8	17	0	0	24	4	13	0	0	0	6	3	75	33
Spates	2	0	2	0	0	0	4	6	7	19	14	21	75	33
Parker	16	21	5	1	0	1	1	2	5	6	5	10	73	34
Solomona	4	8	4	2	4	4	11	1	7	4	11	4	64	35
Siavii	0	2	2	5	14	6	8	0	13	2	4	5	61	36
Reynoso	3	4	12	11	0	0	2	9	3	4	10	0	58	37
Valenzuela	4	0	0	4	16	7	14	0	6	1	0	1	53	38
Weatherspoon	0	0	0	0	2	7	-1	2	10	-1	20	12	51	39
Miller	0	0	4	4	0	0	8	13	6	0	0	0	35	40

KICK OFF RETURN CLINIC

1. PHILOSOPHY OF KICKOFF RETURN

1. KICKOFF RETURN GOALS

KICK OFF RETURN GOALS

- 1. AVERAGE 25 YARDS PER RETURN.**
- 1. NO TURNOVERS.**
- 1. PLAY PENALTY FREE.**
- 4. START DRIVE ON THE 30 YARD LINE.**
- 5. SCORE OR SET UP A SCORE.**
- 6. NO ASSIGNMENT ERRORS.**

KICK OFF RETURN CLINIC

1. PHILOSOPHY OF KICKOFF RETURN

1. KICKOFF RETURN GOALS

1. KICKOFF RETURN AXIOMS

KICKOFF RETURN AXIOMS

1. We will always **huddle** on the sideline in front of our bench prior to every return.
2. **Never disperse to your position before our opponent's kicking team breaks** their huddle Good alignment - key the ball!
3. **Prior to the kick**, determine the direction of the kick by identifying which direction the threads on the ball are facing. The angle, spacing and approach of the the kicker will also determine the direction of the kick. The depth of the front line depends on how deep the ball is kicked.
4. **Front line**, "Don't leave early." (Be alert for an on side kick.) See the ball kicked prior to leaving.
5. We can recover the ball once it leaves the kicker's foot. **It does not have to travel 10 yards** before we can recover it. After the ball travels 10 yards then our opponents can legally recover it.
6. Never be offside. **Always block above the waist!**

7. **Never clip!** Move your feet so you can get your body in proper position and anticipate your man turning. If there is any doubt that you might clip your man it is better that he makes the tackle than to clip him and loose 15 yards plus any additional yards we gained on the return.
8. **Front line avoid the ball** - let it go through.
9. Each man has an assignment - move quickly to your blocking area. **Define where the ball is kicked** and maintain proper leverage on the man you're blocking.
10. **Always stay with your man.** If you **maintain contact** and run with him the returner can advance the ball past him. **Sustain your block.**
11. **Timing is a “MUST” for good execution.** When we use double team schemes timing is absolutely critical.
12. **Wedge Captain** get quick reading for calls. Yell loud and clear, “**GO**” .

13. Squib kicks, or short pooch kicks, dictate only 5 yard sets for the front line on the man you're responsible for.
14. Any ball caught in the "End Zone" deeper than 5 yards - "Down It!"
15. Our designated safety must **COMMUNICATE!** Me! Me! You! You! Stay! Stay!
16. Any short pooch kick that our returners can't catch in the air requires a **"poison"** call by the returner at which time the up back/end should catch the ball in the air. Up back and Ends never back up to catch the ball.
17. Receiving a kickoff after a SAFETY - Regular kickoff return team (Punt receivers deep).

KICK OFF RETURN CLINIC

1. PHILOSOPHY OF KICKOFF RETURN

1. KICKOFF RETURN GOALS

1. KICKOFF RETURN AXIOMS

4. WEDGE KICKOFF RETURN

WEDGE KICKOFF RETURN

FRONT LINE- Line up with back foot on the plus 49 yard line. With the ball in the Middle of the field the **Center** should align facing and slightly turned to the direction of the kick offset approximately 1 yard to the opposite side of the direction of the kick. **Guards** line up on the hash mark with the outside foot slightly forward. **Tackles** align with inside foot on top of the numbers and the outside foot slightly forward. Everyone face the ball.

If we are counting “from the right” Center block R5. Right Guard block R4. Right Tackle block R3. Left Guard block R5. Left Tackle block L4.

After you’ve picked out your blocking assignment, sprint back to the 30 yard line. Work to maintain inside leverage on your blocking assignment by looking over your shoulder as you retreat. At the 30 yard line, set up and block you man out. If your man eludes you, move forward and block the next man coming down the field. Never retreat backwards towards the wedge to block a man you’ve missed.

ENDS - Line up on top of the numbers at the 35 yard line with outside foot slightly forward facing inside. Do not cross the 30 yard line until the ball is in the air.

UPBACKS - Line up on the hash mark at the 20 yard line.

SAFETIES - Line up just inside the hash marks. Depth will be determined by how deep the Kicker kicks the ball. One of the safeties will be designated to call the ball by shouting either “You, You” or “Me, Me”. The Safety who does not receive the ball will join the wedge as the end man on the left side. Join the wedge on the right side only if the ball is between the left hash and sideline.

The Safety not receiving the ball also has the responsibility of signaling by waving his hands and shouting “Stay, Stay” if the kick goes into the end zone deeper than 5 yards.

THE WEDGE - The Wedge will be formed by both ends, both up backs, and the safety not returning the ball. After the ball is kicked, the designated wedge captain will run to a position 12 yards in front of the ball. (Never cross the 10 yard line, even when the ball is kicked into the end zone.) All other members will join the captain and stand side by side in a good hit position. Everyone except the wedge captain should be facing the opposing team even before the wedge is set into motion.

KICK OFF RETURN CLINIC

1. PHILOSOPHY OF KICKOFF RETURN

1. KICKOFF RETURN GOALS

1. KICKOFF RETURN AXIOMS

4. WEDGE KICKOFF RETURN

5. RIGHT KICKOFF RETURN

RIGHT KICKOFF RETURN

FRONT LINE - align same as Wedge return.

All blocking assignments for the front line are. Center blocks R5. Right Guard blocks R4. Right Tackle blocks R3. Left Guard blocks L5. Left Tackle blocks L4.

Locate your blocking assignment. Sprint back to the 20 yard line. Work to maintain outside leverage on your blocking assignment by looking over your shoulder as you retreat. At the 20 yard line, set up and block your man inside. Do not let him outside. If your man eludes you, move forward and block the next man coming down the field. Never chase a coverage man downfield.

ENDS - align same as Wedge return.

LE - locate, R2. When the ball is kicked, sprint back to the 15 yard line, locate R2 and kick him out. (NOTE: You will double team with the Right Up back.)

RE - locate, R3. When the ball is kicked, drop back to the 20 yard line and square up to R3. At the 20 yard line, “post” R3 and stop his forward progress. (NOTE: double team with the Right Tackle.)

UP BACKS - align same as Wedge return. **Left Up back** - Locate R1. Drop back to the 12 yd line. Kick out block on R1.

Right Up back - Locate R2. Drop back to the 15 yard line. Kick out block on R2. (NOTE: You will double team with the Left End.)

SAFETIES - align the same as Wedge return.

Safety not receiving the ball, look to the left and block any man trailing or chasing the ball carrier (usually L3). If no threat then “run the return” as if you had the ball and look for a scraper or safety.

Safety receiving the ball, make sure you catch and secure the ball first. Start to the middle and the weave between the double team blocks on R3 and R2.

KICK OFF RETURN CLINIC

1. PHILOSOPHY OF KICKOFF RETURN

1. KICKOFF RETURN GOALS

1. KICKOFF RETURN AXIOMS

4. WEDGE KICKOFF RETURN

5. RIGHT KICKOFF RETURN

6. LEFT KICKOFF RETURN

LEFT KICKOFF RETURN

FRONT LINE - align same as Wedge return.

All blocking assignments for front line. **Center** blocks **L5**. **Right Guard** blocks **R5**. **Right Tackle** blocks **R4**. **Left Guard** blocks **L4**. **Left Tackle** blocks **L3**.

Locate your blocking assignment. Sprint back to the **20 yard line**. Work to maintain outside leverage on your blocking assignment by looking over your shoulder as you retreat. At the 20 yard line, set up and block your man inside. Do not let your man outside. If your man eludes you, move forward and block the next man coming down the field. Never chase a coverage man downfield.

ENDS - align same as middle return.

RE - locate, **L2**. When the ball is kicked, sprint back to the **15 yard line**, locate L2 and kick him out. (NOTE: You will double team with the left up back.)

LE - locate, **L3**. When the ball is kicked, drop back to the **20 yard line** and square up to L3. At the 20 yard line, “post” L3 and stop his forward progress. (NOTE: double team with the Left Tackle.)

UP BACKS - align same as Wedge return. **Right Up back** - Locate **L1**. Drop back to the **12 yd line**. Kick out block on L1.

Left Up back - Locate **L2**. Drop back to the **15 yard line**. Kick out block on L2. (NOTE: You will double team with the Right End.)

SAFETIES - align the same as Wedge return.

Safety not receiving the ball, look to the right and block any man trailing or chasing the ball carrier (usually R3). If no threat then “run the return” as if you had the ball and look for a scraper or safety.

Safety receiving the ball, make sure you catch and secure the ball first. Start to the middle and then weave between the double team blocks on L3 and L2.